

Senior Savvy

A Publication of the
HANCOCK COUNTY AGENCY ON AGING, INC.

For Senior Adults in Hancock County, Their Family, and Friends



April-June 2007

Party with Pantasia on May 31

Put on your flipflops and shades, put the convertible top down and join us as we “cruise” into summer with the tropical sounds of Pantasia. On Thursday, May 31, Director Tim Mattis and his lively Pantasia crew will serenade us with Findlay’s favorite tropical sounds.

Pantasia, Findlay High School’s Steel Drum Band, is one of the top high school steel bands in the country. Since it’s



inception in the spring of 1997, the troupe has toured throughout the eastern U.S. and Caribbean while garnering an impressive list of awards and championships. For more information, visit the band’s website at www.pantasia.org.

The steel drum is the national instrument of the island nations of Trinidad and Tobago and like these islands, its music is inherently lively and colorful. At concerts, Pan Fans (as Pantasia’s fans are called) can always look forward to island classics and other favorites like Day-O, Hot-Hot-Hot, Jamaica Farewell and Yellowbird.

The late afternoon sun and Pantasia’s music won’t be the only things heatin’ up our parking lot. The Senior Café crew will also be cookin’ up some tasty treats before,

during and after the concert. So join us on Thursday, May 31 from 4:30 to 7:00 pm for fun, food and a tropical beat. Pantasia is scheduled to perform from 5:00 to 6:00 pm.

Pantasia’s appearance is made possible by a generous donation from Ellen Schindler, long time friend and supporter of The Senior Center. Thank you, Ellen!

The event will be held rain or shine. In the event of inclement weather, we will move the concert inside The Senior Center.

Senior Fitness (and FUN) Day is May 30

Did you know that only 18% of the adult population exercises on a regular basis? 64% are over weight and 30% are obese! One in four children is over weight. Exercise is so important for the whole family and especially for seniors. But why is it that something that is so good for us takes so much effort that they call it a “work-out”?

According to Jim Steffan, one of America’s top fitness coaches, keeping fit shouldn’t be work. “You can have loads of fun doing it AND it will also make you feel and look great!”

If you need some inspiration to keep moving and keep fit, then **join us at 1:00 pm on May 30 for Senior Fitness Day**. Special guest Jim Steffan will share with us his secrets on how to keep motivated, activated, energized and enthusiastic about fitness and about LIFE! Jim’s presentations are so



Continued on page 2...

Director's Message

Spring is finally here (momentarily anyway). We have floated and shivered through the winter floods and blizzards and are now anticipating spring flowers and green grass. I hope not too many of you were negatively impacted by the severe weather and no one was injured. I know Joe and the Chore services responded to some flooding issues and, of course, multiple snow removal calls. I'm sure we all look forward to spring and the smell of fresh cut lawns.

As I write this, I realize that today is my one year anniversary at the Agency on Aging. It has certainly been an exciting and rewarding year for me. I have met so many wonderful people and have rekindled many old friendships during this time. Your responses to my employment here and the exciting directions we seem to be headed have been overwhelming. All I can say is a big **Thank You**.

Our Senior Café has taken off like wild fire. We are averaging over 70 guests a day now. By the time you receive this we will have surpassed the congregate meal program totals for the entire year of 2006. Kudos go out to the kitchen staff, Blanchard Valley Center students, county trustees, and of course, all the senior volunteers. Approximately 1,000 hours of volunteer service have already been provided in less than three months. We could not continue this undertaking without you. I get so excited when I walk around the café and visit with so many folks who are truly enjoying the companionship and food.

Along with the increasing lunch participation we are finding an increase in other Senior Center activity participation.

Our collaboration with Owens is growing. Activities provided in conjunction with lunch, such as "movie day", Triad and other programs, are experiencing an increased participation. **We are bursting at the seams**. What a wonderful problem to have.

With that thought in mind, I would like to make you all aware of an upcoming project I have. To "celebrate" my first anniversary I will be sending you all a survey in the next couple of weeks. In this survey you will be asked to respond to questions about the services we provide, your participation at the agency and perceived needs. I would ask that you take the time to return the survey in the mail, respond to it by e-mailing me or simply give me a call to voice your opinions and/or concerns.

I would like to close with a reminder that the staff and volunteers are here for you. The seniors of Hancock County are one of the great assets we have and it is our passion to serve you.

I look forward to working with all of you this year.

John

Senior Fitness Day (cont'd from page 1)

entertaining that you may even find yourself motivated to get out and get fit!

Jim is a familiar face to area seniors, many of whom have experienced life improving changes through his "Fit Over 55" program at the Jim's Gym Family Fitness Center. In addition, Jim is one of America's top motivational fitness speakers and author and has even hosted own show called "Findlay Fitness" on University of Findlay TV (UFTV). Jim has delivered numerous "Fit to Achieve" inspirational presentations to schools, churches, and corporations and has helped people from all walks of life, children, professional athletes and seniors create their own individually tailored fitness lifestyle. More information about Jim and his programs can be found at www.funfitnesscoach.com.

Senior Savvy - Issue 10

Senior Savvy is a quarterly publication of the Hancock County Agency on Aging (The Senior Center) who's mission is to enhance the quality of life of older adults by empowering them to maintain and create independence through advocacy, education, support and fellowship.

**Hancock County Agency on Aging
423 Trenton Avenue ~ Findlay, OH 45840
419.423.8496
www.HancockSeniors.org**



Betsy Kreidler “Retires”

On March 8, we said farewell (but not goodbye) to former Mobile Meals Coordinator Betsy Kreidler, who after three very busy years has decided to retire from her post. Over the years, Betsy has been devoted to serving not just her mobile meals clients, but also her volunteer drivers and packers. According to Betsy, “The clients were a constant reminder of why we do what we do. And, the drivers became familiar voices and personalities even though most of our interactions were over the phone. These generous and dependable volunteers are the backbone of our city-based program. They and our county delivery staff brought very welcome cheer to our house-bound clients.”

Betsy is looking forward to time for family, hobbies, her garden, and yes, even volunteering... she assures us “you haven’t seen the last of me!”

Senior Center Flea Market & Community Garage Sale

May 19-20, 2007

Has your spring cleaning resulted in lots of stuff you no longer need? Then turn it into cash at the second annual Senior Center Flea Market and Community Garage Sale. The event will be May 19-20, rain or shine, at The Senior Center located at 423 Trenton Avenue in Findlay.

Our flea market / community garage sale is a great opportunity for individuals and non-profit organizations to profit from all that stuff you no longer need or use. Or, if you don’t want to man a booth, how about donating your stuff to The Senior Center to sell? Donations may be brought to the Agency on Friday, May 18 between 2:00 and 7:00 pm.

Booth space is available in the parking lot and inside the air-conditioned Senior Center. Reservations are on a first come, first serve basis. Payment is required to confirm space and is due by May 1. Contact Betty Rozelle at 419-423-8496 for details.

Stacy Nungester Is New Mobile Meals & Senior Café Coordinator

While we will miss Betsy, we are very happy to have Stacy Nungester on board in the new Mobile Meals/ Senior Café Coordinator position. Stacy joined the Hancock County Agency on Aging staff on February 22. In addition to assuming Betsy’s duties as Mobile Meals Coordinator she will also take on a variety of new duties as the Senior Café Coordinator where she will oversee the day-to-day Senior Café dining room operations.

The hustle-bustle, fast-paced duties of a busy day at The Senior Café is nothing new to Stacy. Before joining The Senior Center, she worked twelve years for Urbanski Catering as an assistant manager, caterer and server and six years in similar capacities for Bill Knapps. In addition, she also has office experience which will come in handy for the “paperwork” end of managing two very busy programs.

Stacy and her family reside in Findlay. When she’s not multi-tasking here at The Senior Center, Stacy enjoys being a “baseball Mom” to her son and daughter, family activities, gardening and golf.

Let Chore Help With Spring Cleaning

Spring is the time when many of us think of heavy-duty “spring cleaning” and sprucing up, both inside and outside the home.

Chore Services Coordinator Joe Stoner says now is the time to call to schedule both indoor and outdoor spring cleaning jobs. “We can help with washing walls, shampooing carpets, cleaning windows, raking yards, laying mulch, planting flowers and more.”

Chore Services are available to all Hancock County residents, age 60 or better, regardless of income (you can’t have too much or too little money to utilize our services). In addition, all of our Chore Workers have passed a background check and can present an Agency photo ID upon request.

The Senior Center Needs You!

Volunteers are the lifeblood of activities and programs here at The Senior Center and are essential to our being able to provide service to as many area seniors as possible. Last year, volunteers provided 9868 hours of help, the equivalent of more than four full time employees. Perhaps most importantly, our volunteers tell us that they find their service fulfilling and have a lot of fun helping others.

Volunteers receive orientation and/or training before they perform their service. *And of course, volunteers create a schedule that works for them, from as little as one day a month to as often as they like or are able.*



Senior Café: The increasing popularity of The Senior Café has resulted in a growing need for volunteers to assist with before meal set-up, servers, bussers and after meal clean-up.

Computer Class Instructor: Teach beginning computer classes to seniors. Class schedule is flexible, but usually requires approximately 1 ½ hours per week.



Mobile Meals Driver: Drivers pick-up pre-packaged meals at The Senior Center, deliver them to clients and then return the meal carriers to The Senior Center. Meals are generally delivered before noon and most routes can be completed in 1 to 1 ½ hours.

Bingo Night: The Agency needs volunteers on the 4th Wednesday evening of each month to assist with a variety of Bingo-related tasks.

Grocery Delivery Service Substitute Drivers: When we have more orders than our Findlay Service League volunteers can handle, we need substitute drivers to pick-up the grocery orders at Great Scot, deliver them to the clients and then return the clients' payments to the store.

If you would like more information on volunteering, please contact Volunteer Coordinator Mike Noggle at 419-423-8496. Further information and Volunteer Application forms are also available at www.HancockSeniors.org.

Senior Café Update

We are thrilled with the response to our new Senior Café! As of March 21, we have served nearly 3700 lunches. We serve an average of 70 people a day and the record one-day attendance so far is 130 people. WOW!



Name the Senior Café Contest Results

We'd like to thank everyone who put on their thinking caps and came up with names for our new and improved Senior Café. The

entries ran the gamut from elegant to down-home to down right funny. However, one name kept coming up time after time... *The Senior Café*. So, in response to popular demand, we've kept The Senior Café name.

Since so many people suggested the winning name, we decided to have a drawing from among all of the entries for the prize. Congratulations to winner Dorothy Hardwick.

What's For Lunch?

We publish menus for Senior Café meals a week at a time. Menus are available in The Senior Café or from our receptionist. Menus are also available in a printable format on our website at www.HancockSeniors.org. Just click on the link that can be found half-way down the home page. Also, Chris Oaks announces the daily menu on his morning show on WFIN—AM 1330 radio.

Continued on Page 5...

Older Americans Day Events

On May 15, The Hancock County Agency on Aging and the Senior Center will celebrate the contributions that older Americans have made to our country and our community with two special events.



Grand Central at Senior Café

First, “Grand Central,” the award-winning show choir from Central Middle School will sing and dance their way into your heart with their youthful enthusiasm. The troupe is under the direction of Adam Gillespie.

The performance will follow lunch service at The Senior Café. Chef Bill Conine will offer up an extra special meal in celebration of Older Americans Day. The cost for the

meal is \$3.00 per person. A free-will donation to help support the programming of Grand Central will be collected.

We expect this to be a very popular event and seating is limited. Reservations for groups of eight or more are requested by 4:00 pm Thursday, May 10 and can be made by calling Stacy or Betty at 419-423-8496.

Senior Prom with Al Best

Take a trip down memory lane by joining us at our first-ever “Senior Prom” from 6-9 pm on May 15. The prom will feature the ever-popular *Al Best Band*, for your dancing and listening pleasure.

Prom goers will also enjoy delectable hors d’oeuvres, prepared especially by our Director John Urbanski.

The prom is free and open to all savvy Hancock County seniors age 60 or better and their guests. Seating is limited; **reservations are required by Friday, May 11.** Call Betty at 419-423-8496 to book your reservations.

We hope to make this a special night out, so dust off your dancing shoes and get out your fancy duds (dressy attire suggested, but not required) and join us for a night to remember.

Senior Cafe Update (continued from page 4)

Pre-paid Senior Café lunch cards are a convenient and money-saving way to pay for your lunches at The Senior Café. Each punch card is just \$30—you pay for 10 lunches and receive the 11th FREE.

Senior Cafe Lunch Fund

Have you noticed a colorful round can at the Café cashier table? It’s a collection can for our Senior Café Lunch Fund which provides for discounted lunches for seniors of limited means. Your donations enable low income seniors to purchase a pre-paid lunch card for as little as \$10 or \$20, depending upon income. To apply



for Lunch Fund assistance, see one of our Outreach social workers. All applications are strictly confidential; proof of income is required.

Table For Eight Or More...Please RSVP

The Senior Café has become a popular place to meet for all sorts of groups and we are really happy to have you join us! However, for best service we request that groups of eight or more book their table(s) several days in advance. Call Stacy at 419-423-8496 to make group reservations.

Now Boarding: The SS Senior Center's Cruise to Independence!

For the last three summers we have taken our activities and services on the road, visiting every village in the county. The mission of these summer tours was to bring to each village a sampling of activities and assistance available at the Hancock County Agency on Aging and The Senior Center have to offer.

This summer, we're doing something different. We're inviting our friends in the county to join us here to see all the great things happening at The Senior Center and



The Senior Café. We are working on the premise of "try us, you'll like us," hoping that once you have tried us, you'll come back again.

The theme of this year's tour will be "Cruising to Independence." The events will feature a tropical cruise theme with tikis, leis, grass skirts, bingo, and lots of prizes. Highlighting each village event will be a contest for the wildest Hawaiian shirt and a hula lesson.

Keep an eye on your mailbox for your invitation which will include a special discount for lunch at our Senior Café on the day of your village's event. If you have not

received your invitation by 10 days before the scheduled date of your village's event, please call us and we'll get one out to you.

RSVP's are required and can be made by calling 419-423-8496 by the date

indicated on your invitation. Events will be from noon to 2:00 pm at The Senior Center located at 423 Trenton Avenue in Findlay.

Mark Your Calendars Now!

May 21:	Arcadia
June 11:	Jenera
June 18:	Mt. Blanchard
June 25:	Arlington
July 9:	Rawson
July 23:	Mt. Cory
July 30:	Vanlue
August 6:	Benton Ridge
August 13:	Van Buren
August 20:	McComb

Note: All dates are Mondays.

Home & Garden Modifications Under \$100

Have you ever wished your home worked better for you? Would you like to make simple and inexpensive modifications to your current home to make your life easier?

The answer to these and a number of related concerns will be answered in "**Home Modifications for Under \$100**," a presentation by students Betsy Hayes and Jessica Weber from



The University of Findlay's Occupational Therapy program. The program will be on April 16th at 1:15 pm, after the Senior Café. They will be discussing simple and inexpensive ways to change aspects of your home so that it will be easier for you to use.

Expand Your Life With Learning

We're really excited about our enrichment and education partnership with Owens Community College. The partnership offers classes both at The Senior Center and on Owens Community College's new, state of the art Findlay Campus.

Learn & Lunch at The Senior Center

Be sure to join us when the life long learning experts from Owens bring fun and informative workshops to The Senior Center. Classes start at 10:00 am and end at 11:30, just in time to enjoy lunch in The Senior Café. Learn & Lunch classes are FREE, however, *pre-registration is required; call The Senior Center at 419-423-8496* to register.

April 27: Spring Yard Care

Now is the time to start in order to have a lush lawn and landscape this summer. In this workshop, you'll get an overview of the following lawn and landscape tasks: How to clean-up from the winter months; What sort of prep your lawn needs for summer, including fertilizers and other applications; How to plant new trees and shrubs. *Free! Pre-registration required by April 25.*

May 25: Fun Trips Within 3 Hours Of Home

Looking for something fun and different to do this summer? This workshop will get you on the road to adventure by mapping out a variety of fun, historical and educational venues within a three-hour drive of Findlay. Join us and discover the hidden treasures and the fun spots for the young at heart that are right in our own backyard. *Free! Pre-registration required by May 23.*

Extended Learning at Owens Findlay Campus

Extended learning classes offer a more in-depth, hands-on learning experience than is available in our Learn & Lunch programs. Classes are held on Saturday mornings from 9:00 am to noon at the Owens Findlay Campus. Classes are \$10 per person per session. *Pre-registration is required—call Owens at 567-429-3604* by date indicated. Class sizes are limited, first come, first serve.

May19: Garden & Landscape Design

In this workshop, an experienced Master Gardener will guide you through the things you should consider when creating a garden or landscape that will give you color and enjoyment all summer long. In this workshop, you'll learn:

What, when, where and how to plant for best plant success; How to mix varieties for color, texture and beauty all summer long; Other tips for growing a green thumb from a Master Gardener.

\$10 per person payable at class. Pre-registration required by May 16.



55 Alive for Safer Senior Drivers

The Hancock County Sheriff's Office, AARP and Hancock County Agency on Aging are partnering once again to present the **55 Alive Driver Safety Program**. This refresher course is for all drivers, but as the name implies, it is especially pertinent to drivers who are age 55 or better. The program illustrates the changes that occur in vision, hearing and reaction time for various age groups and how this impacts the ability to be a safe driver. More importantly, the course offers workable strategies and driving safety tips to help compensate for these changes, enabling seniors to remain in the driver's seat longer. Program graduates may be eligible for discounts on their vehicle insurance, contact your carrier for details.

The class will be held at the Hancock County Educational Service Center on April 27 and 28 from 8:00 am until noon. The Educational Service Center is located on County Road 140 in the old county home building. There is elevator access to the second floor where the class will be held. **Pre-registration is required and space is limited.** To register for the class, contact Betty at 419-423-8496. There is a \$10.00 fee for course materials.

We offer a variety of activities designed to enhance and enrich your life. All activities are open to Hancock County Seniors (younger adults may usually attend as a guest). Unless indicated, all activities are held at the Senior Center. **Call Betty at 419-423-8496 for details, appointments or reservations.**

SPECIAL EVENTS & PROGRAMS

Home & Garden Modifications Under \$100

Friday, April 13 at 1:15 pm *See related article on page 6 for details*

Bette's Polka Band

Friday, April 13 & July 13 \$3.50 per person
Open to the public. Snacks & Beverages provided.

Red Cross Blood Drive at The Senior Center

Saturday, April 14 from 9:00 am to 2:00 pm

Ireland Preview: Friday, May 4 from 2:30-3:30

Join Diane Hagan from Globus Tours for a preview of the upcoming trip to Ireland (*see Betty's Byways, page 14*). Diane will share some of the breathtaking sights of Ireland as well as travel tips and some tasty refreshments.
RSVP by May 3: 419-423-8496

Flea Market & Community Garage Sale

Saturday, May 19 from 8:00 am to 5:00 pm
Sunday, May 20 from noon to 4:00 pm
See related article on page 3 for details



Senior Fitness Day

Wednesday, May 30 at 1:00 pm

Join us for lunch in The Senior Café and stay for a motivating presentation by Jim Steffan.

See related article on page 1 for details

PANTASIA Party in the Parking Lot

Thursday, May 31
Pantasia performs from 5:00 to 6:00 pm
Food service from 4:30-7:00 pm
See related article on page 1 for details

Summer Salute to Hancock County Villages

Senior residents of Hancock County are invited to join us and find out all the activities and services the Hancock County Agency on Aging and The Senior Center have to offer. *See related article, page 6 for dates and details.*



LIVELY LUNCHES

Join us at The Senior Café for these special theme lunches. Lunch is \$3 per person, served from 11:30 -1:00 pm. Please RSVP in advance for groups of 8 or more; call us at 419-423-8496.

Spring Fling: Wednesday, April 4

Wear your best bonnet for the Easter Parade. We'll also decorate plastic eggs to hold little Easter treasures.

Mothers' Day: Friday, May 11

Fathers' Day: Friday, June 15

Independence Day: Tuesday, July 3

Show your spirit by wearing red, white & blue.

SENIOR CINEMA

Join us the 3rd Thursday at 1:30 for an afternoon at the movies with your friends. Movies and popcorn are free; donations are appreciated.

April 19: Taking Care of Business (comedy)

May 17: Shall We Dance (romance)

June 21: Over the Hedge (animated comedy)

Since the kids are out of school, why not share this family-friendly film with grandkids age 6 and up.

HEALTH & WELLNESS

Blood Pressure Clinics (FREE--walk-in basis)

Wednesdays from 10:00-11:00 am

Clinics are also *usually* available on the 1st & 3rd Friday from 1:00-2:00 pm.

Reflexology: Appointment required 419-423-8496.

Donation greatly appreciated. This ancient healing art applies pressure to core nerve points on the hands and/or feet to promote relaxation and healing.

Toe Nail Clinic: Appointment required 419-423-8496.

Fee \$12. Service is provided by a Registered Nurse (RN). *Bring your own clippers or purchase a set at your appointment for \$1*

Senior Fitness at Jim's Gym: Seniors enjoy a discounted membership fee when they work out during Senior Fitness times, M-F from 9:00am to 3:00 pm.

Water Exercise at Hampton Inn: Tuesdays & Thursdays 9:30-10:30 am. Donations appreciated to help cover cost.

Yoga at Open Circle— 200 W. Lima St.:
Thursdays 1:00-2:00 pm. Fee: \$8 per session

Tai Chi at Ki Haku Dojo—108 E. Front St.:
Call for schedule & pricing information: 419-424-3200.

Caregivers Support Group:
Caring for an older family member or friend can be very rewarding and very stressful. This group provides a safe, secure place to share concerns and learn helpful coping strategies. FREE. Meets at St. Andrews Church in the Parlor Room. Parking available at corner of Cory & W. Crawford.

1st Thursday: 2:00-3:30 pm

3rd Thursday: 6:30-8:00 pm

Caregivers Support Groups are a community partnership between HCAOA and Bridge Home Health & Hospice.

ENRICHMENT & EDUCATION

Bible Study: Mondays 12:30 -2:00 pm

TRIAD: First Thursday each month at 1:30 pm
TRIAD is a partnership of area professionals in the fields of law enforcement, crime prevention & consumer protection. Each month we'll have a program about senior-related issues. Light refreshments served. Mark your calendars: April 5, May 3, June 7 and July 5



Computer Classes: We need a volunteer computer teacher. If you or someone you know would like a very enjoyable volunteer opportunity,

please contact Mike Noggle at 419-423-8496.

Senior Computer Lab:
HCAOA's free computer lab is available for seniors' use most weekdays from 8 am to 4 pm. We have a very basic, teach yourself computer software program you may use in our computer lab. See Leni Mueller if you would like to use it.

OWENS COMMUNITY COLLEGE

See related article on page 7 for details:

Learn & Lunch at The Senior Center: classes are FREE, pre-registration is required: 419-423-8496.

April 27: Spring Yard Care

May 25: Fun Trips Within 3 Hours Of Home

Extended Learning at Owens Findlay Campus

\$10 per person payable at class. Pre-registration is required—call Owens at 567-429-3604

May 19: Garden & Landscape Design

CRAFTY CORNER

Open to Adults of any age! Whether you're a novice or experienced, you'll find friends willing to teach and to share their favorite crafts.

Bring your current project or let one of our crafty seniors get you started on a hobby you can enjoy for life. *Please Note:* All of our instructors are volunteers and may not be able to attend all sessions.



Knit & Crochet with Jane:

Wednesdays 10:00-11:00 am

Knitting and crocheting are "in" again! Whether you're accomplished with the needles or want to learn how, join us for fun, inspiration and sharing.

Counted Cross Stitch with Marilyn:

Fridays 10:00-11:00 a.m.

Discover the many ways this popular needle art can enhance your home or accessories.

Beading with Marsha:

Thursdays 10:00-11:00 am

Bring your own project or purchase a kit from Marsha (usually about \$3 to cover materials). For all skill levels, beginner through advanced.



FUN & FELLOWSHIP

The Millstream Rhythm Band Needs YOU!

Do you like music? Do you like to have fun? If you answered “YES” to these questions, you are qualified to join the Millstream Rhythm Band. Director Betty Bozo is looking for new members to play and sing in our just-for-fun kitchen band. Practices are held from 1:30 to 2:30 at The Senior Center on the first and third Thursday of each month. The band also performs throughout the community as goodwill ambassadors of The Senior Center. *We especially need someone to play the piano and keyboard.* While it is helpful, except for the piano player, band members do not need to be able to read music.

SCO—Senior Center Organization

3rd Friday at 1:30 pm

Each month, this lively group of seniors meets for an entertaining or informative program and to plan upcoming events for The Senior Center. Each meeting also includes the monthly birthday celebration for all seniors born in that month. Refreshments served. No reservations needed. Mark your calendars: April 20, May 17, June 15

Young At Heart: 1st & 3rd Saturday at 6:00 pm

Share fellowship and a good carry-in dinner, and then relax while playing cards, billiards & board games. Beverages provided.



Bunko: 2nd & 4th

Thursday at 1:00 pm
Bunko is a fun, easy to learn dice game and a great way to meet new friends. Bring a snack to share. Beverages provided. \$1 per person into prize kitty.

Community Bingo 1st Monday at 10:00 am

(FREE—sponsored by Grand Court)

Brown Bag Bingo Last Monday at 10:00 am

(FREE—sponsored by The Heritage)

Bingo: Every Wed. Night (\$ to play)

Doors open at 5:30 pm. Games start at 6:30 pm.

Tuesday Nite Dance: Tuesdays 7:00-9:00 pm, \$2.50 at the door. We’ll spin your favorite tunes while you dance down memory lane. Please bring a snack to share.

Billiards: Daily 8:30-11:00 am

Card Clubs: Call Betty for details 419-423-8496

Bridge: Tues. 1:00-3:30 pm

Pinochle & Euchre: Tues. 1:30-3:30 pm

Spades: we’ve had a request to start a card club for playing Spades--call Betty for details.

HOLIDAY CLOSINGS



The Hancock Co. Agency on Aging will be closed on the following holidays. Mobile Meals and Senior Café are cancelled.

Memorial Day:

Monday, May 28

Independence Day:

Wednesday, July 4

Inclement Weather Cancellations or Closings:

When foul or threatening weather is in the forecast, tune into Findlay area radio stations for updates on cancellations or closings. There will be no Mobile Meals delivery, Senior Café or regularly scheduled HCAOA/ Senior Center activities on days when we are closed due to inclement weather.



Contact Betty Rozelle at 419-423-8496 for more information or to place reservations. Payment is required to confirm and hold your reservation. Additional flyers are available at the Senior Center (Hancock County Agency on Aging) located at 423 Trenton Ave., Findlay or by going online to our website at www.HancockSeniors.org. *Travelers are asked to arrive at least 15 minutes prior to departure time to allow for check-in and boarding.*

DAY TRIPPIN'

Crafts 2000, Monroe, MI

Tuesday, May 1 or June 5, 2007

Crafters will enjoy this jaunt to one of the largest craft stores in the area. Crafts 2000 features supplies for almost any craft you can imagine...all at substantial discounts from what you would pay at specialty stores.

The tour will leave the Senior Center parking lot at 8:00 am and return around 4:00 pm. The trip is \$20.00 per person, transportation only. Lunch is on your own; we'll select a moderately priced eatery. Seating is limited. Paid reservations are due by April 27 and June 1 respectively.

Kingwood Gardens, Richland Carrousel Park & Carousel Magic Factory Tour--Mansfield, Ohio

Monday, April 16, 2007



Kingwood Center is a formal estate garden which has been open to the public since 1935. It's 45 acres are home to formal gardens which change with the season. In spring, it is a showcase of 35,000 bulbs in a riotous array of spring

blooms. The greenhouses offer a taste more exotic climes with their extensive display of cacti and succulents. Built in 1926, Kingwood Hall is a three story, 26-room French Provincial style home. Some of the rooms on the first floor are on display year-round.

If you want to feel like a kid again, ride the elegant indoor carrousel at Richland Carrousel Park. The carrousel's 52 figures are carved in the style of G.A. Dentzel. The Carrousel is in a heated pavilion in historic Mansfield.

At Carousel Magic, you will see skilled craftsmen carving wooden carousel figures, learn about carousel history and construction.

Paid reservations are due by April 11. \$35 per person includes transportation and admissions. Lunch will be on your own at an area eatery. We will

leave The Senior Center at 8:00 and return around 5:00.



Snook's Dream Cars Automobile Museum

Bowling Green, Ohio

Tuesday, April 23, 2007

This museum features a recreated 1940s era Texaco gas station, a showroom of extensive automobile memorabilia and a car collection presented within period scenes ranging from a 1930s general store to a racetrack from the 1960s. The car collection, which features models from the 1930s to the 1960s, includes coupes, convertibles, sedans, roadsters and race cars, made by Cadillac, Ford, Chevrolet, Buick, Pontiac, Packard, Kaiser, Willys, Jaguar, Triumph, MG and Lotus. The cars are all in working condition and are driven by the owners, on a regular basis.

Seating is limited. Paid reservations are due by April 18, 2007. \$25 per person includes transportation and museum admission. Lunch will be on your own; we will select a moderately priced restaurant. We will leave The Senior Center at 9:00 am and return around 3:00 pm.

Simply Sinatra

Stranahan Theater, Toledo

Wednesday, April 25, 2007

Relive your favorite songs with Steve Lippia and his band. Steve's stage presence and charm will transport you back to the era when Ol' Blue Eyes was king with favorites like "The Lady is a Tramp," "I've Got You Under My Skin," and more.

Paid reservations are due by April 20. \$45 per person includes transportation and performance. We will leave The Senior Center at 12:30 and return around 5:00 pm.

Mark Statler's "Class Reunion" Dinner Theater

Monday, June 4, 2007

Der Dutchman Restaurant,
Plain City, Ohio

If you graduated anytime from the 30's through the 60's, you'll enjoy this musical trip down memory lane with Ohio recording artist Mark Statler. His rich vocals, down home humor and interactive style will transport you back to the good old days of high school proms and young love. This show will touch your heart and lift your spirit!



Paid reservations are due by Friday May 25. \$59 per person includes transportation, admission to the show, and a hearty, family-style lunch featuring chicken, roast beef and all the trimmings. Guests will also receive a discount coupon for shopping at the unique Carlisle Gift Shops. We will leave the Senior Center at 9:00 am and return around 4:30 pm.

**"Salute to Seniors" featuring the Guy Lombardo Orchestra**Thursday, September 6, 2007
Flint, Michigan

If you ever toasted in the New Year as the Guy Lombardo Orchestra played "Auld Lang Syne" or danced the night away with your sweetheart to their distinctive sound, then you

won't want to miss Salute To Seniors 2007.

Join us on this trip, where in addition to the Guy Lombardo Orchestra, you'll also have the opportunity to enjoy the many entertaining highlights of the Flint Cultural Center, including the Sloan Museum, the Buick Gallery & Research Center, the Longway Planetarium and more...

Paid reservations are due by Friday, August 31. \$79 per person includes transportation, a catered luncheon and admission to Follies. We will leave The Senior Center at 8:00 am and return mid-evening.

The Geritol Follies Christmas Show

Thursday, November 15, 2007

Stranahan Theater, Toledo, Ohio

The "Geritol Follies" are returning to Toledo for a spectacular Christmas Extravaganza! The world's largest senior professional musical comedy troupe, ranging in age from 60 to 86 years young, will dazzle you with their creative and energetic productions. With hilarious comedy skits, a powerful 60 member choir, shimmering costumes, high-tech lighting and a live band...this show is packed full of holiday dazzle.

Paid reservations are due by Wednesday, November 7. \$59 per person includes transportation, a catered luncheon and admission to Follies. We will leave The Senior Center at 10:45 am and return around 5:00 pm.

Christmas from Dublin with the Three Irish Tenors and Three Irish Divas

Tuesday, November 27, 2007

Villa Milano, Columbus, Ohio

Celebrate the holidays with a genuine Irish Christmas filled with songs of the season. "Christmas from Dublin" is full of the warmth, charm and music of the Emerald Isle, and has delighted audiences around the world. Now on their eighth American tour, the journey for this young troupe is proving to be not only a great success, but also a great joy.

Paid reservations are due by Tuesday, November 20. \$65 per person includes transportation, a catered luncheon and admission to the show. We will leave The Senior Center at 9:00 am and return around 5:00 pm.





RAMBLIN' & GAMBLIN'

Casino trips depart The Senior Center parking lot at 8:00 am and return around 6:00 pm. Please arrive at 15-30 minutes before departure.

Note: Rising gas prices have forced us to adjust our prices for our casino trips. It has also necessitated that we substitute closer destinations for the trips to Bel Terra and Soaring Eagle Casinos. We are doing everything we can to keep our *Ramblin' & Gamblin'* trips affordable and appreciate your understanding.

Windsor Casino

Monday, May 7, 2007

Paid reservations due by May 3, 2007. Pay \$30 per person and get a \$15 voucher for coin and \$5 voucher for food upon arrival.

GreekTown Casino

Monday, July 16, 2007

Paid reservations due by July 12, 2007. Pay \$25 per person and get a \$20 voucher for coin upon arrival.

Trip Policy

- When you are interested in a trip, please sign up on time and pay by the date due. This will ensure that the trip can go and that you have a seat.
- Reservations for trips are not confirmed until fully paid. Seats are on a first come first served basis. Unpaid reservations will not be held.
- If there is a waiting list and you do not pay in a timely manner, your seat may be sold to someone else.
- HCAOA reserves the right to cancel a trip for any reason. In the event that HCAOA cancels a trip, money will be refunded in a timely manner.
- Cancellations made by a guest BEFORE the final payment date will be refunded.
- Guest Cancellations AFTER the final payment date WILL NOT BE REFUNDED unless the seat is sold to another.
- HCAOA will not be held liable for delays caused by acts of God, public enemies, riots, strikes, authority of law, accidents, break downs, bad road conditions or other causes beyond our control and does not guarantee to arrive at or depart from any point at a specified time.
- No alcohol, drugs, smoking, or weapons are allowed in the Senior Center or on the Senior Center's bus.
- When traveling with another tour company, their trip policy takes precedence.

Hancock County Veterans' Tour of Washington, D.C.

Friday, September 21 through Monday, September 24

Mike Noggle is spearheading a trip to Washington DC for area veterans. According to Mike, "Many of our vets are getting up there in years, especially those who served in World War II and Korea. We'd like to make this trip while as many of them as possible are still able to travel."

The trip will be scheduled for autumn to avoid the spring tourist crush as well as the oppressive summer heat and humidity. The itinerary includes visits to all of the major war memorials, including the new World War II Memorial, The Korean War Memorial, The Viet Nam Wall, and Arlington National Cemetery. In addition to the



memorials, the tour will include other popular Washington DC highlights. The trip will be planned with a slower pace in mind, so that it is senior friendly.

All area veterans and their traveling companions are invited, regardless of age, branch of service or duty tour. Persons with health or mobility issues should plan to have a spouse, family member or care giver accompany them to provide needed assistance. We are presently seeking donations to help with the cost of the trip *for veterans only*, therefore, veterans *may* receive a rebate for some of the cost of the trip.

\$345 per person and includes transportation, 3 nights lodging, 6 meals and admissions. \$75 per person is due upon signing. Price per person is based on double occupancy. Add \$120 for single occupancy. **Final payment is due by July 16.**

PACK YOUR BAGS

Looking for a chance to really get away? Then join The Traveling Seniors of Hancock County for one of these great tours. You'll have the opportunity to meet new friends from all across the country. Friends and family of all ages are welcome, so these trips are great opportunities to create lasting memories of family vacations with children and grandchildren.

Please call us for details at 419-423-8496 or visit us online at www.HancockSeniors.org; Betty will send you complete details... **Pronto!**



Alaska Cruise, Pacific Northwest, San Francisco and Lake Tahoe

Departs August 12, 2007 for a 15 day tour
(includes 7 day cruise)

Be sure to have a firm hold on your heart, because you may just want to leave it in San Francisco before you head off on your Pacific Northwest adventure. Along the way you'll visit Lake Tahoe, Mt. Shasta, Trinity and Lassen



National Forests, Portland, Mt. Hood and finally Seattle where you'll board Norwegian Cruise Line's "Star."

Your cruise will include Norwegian's world-renowned pampering and gourmet dining. You'll also have your breath taken away by the spectacular scenery

of Alaska's Inside Passage where you'll see glaciers, forests, waterfalls and mountains. Your ship will make port in Ketchikan (the Salmon Capital of the World), Juneau, Mendehall and Sawyer Glaciers, Skagway, the Klondike Gold Fields and Prince Rupert, British Columbia.

Your Man Tours from \$2348.00 per person double occupancy (depending upon cabin selection); includes

airfare from most major airports, motor coach transportation, all entrance fees for sightseeing and special events, baggage handling, 7 day cruise and the services of a profession tour driver. Please note, a current passport is required. Call Betty for all of the details.

Introduction to Ireland

October 6-13, 2007

Attend our Ireland Preview on May 4 at 2:30.

RSVP for the preview at 419-423-8496

Dublin and the scenic best of the Irish Republic await you on this beautiful eight-day journey. Highlights include Dublin and Trinity College, Kildare where you'll tour the world-famous Irish National Stud (thoroughbred farm), Limerick, the spectacular Cliffs of Moher, a marble factory, Shannon, the Ring of Kerry, the woolen and handweaving mills of Blarney and Avoca, a tour of the Waterford Crystal factory and much more.



Globus Tours from \$2131 per person double occupancy; includes land tour, sightseeing, air travel from Detroit, (incl. air taxes & fuel surcharges), lodging, 6 full breakfasts and three 3-course dinners. Please note, a current passport is required. Call Betty for all of the details.



Have you ever wondered just what your donations of time and money to Hancock County Agency on Aging and The Senior Center do for area seniors and the community? In 2006, The Hancock County Agency on Aging, The Senior Center and our community partnerships made thousands of “impacts” on our community. Here are just a few highlights:

Chore Services spent 7770.5 hours performing 2733.5 jobs, like home repairs and maintenance, cleaning, leaf raking, lawn mowing, snow removal, gutter cleaning, yard clean-up, painting, window washing and more.

Mobile Meals prepared, packed and delivered 10,157 meals to homebound seniors throughout the county. Plus, the 1634.5 hours donated by to pack and deliver meals and provide “cheer” notes for our clients did more than just keep meals affordable, they brought a bright spot into the days of our clients.

Outreach provided 1344 acts of assistance in the form of helping seniors apply for benefits, arrange medical transportation, sort through red tape, assisting caregivers and more. Our Outreach program also helped coordinate the *Santas 4 Seniors* program which delivered Christmas cheer to 125 “adopted” seniors.

Volunteer Guardianship (funded by a grant from The Community Foundation) collaborated with the Hancock County Probate Court, Adult Protective Services and Century Health to recruit, train and support ten volunteer guardians.

Activities are often the first contact that people have with the Agency on Aging. Last year 21,397 instances of fun, education and fellowship occurred through our Activities program, including classes, wellness, dances, potlucks, trips and much more.

To further stretch our resources, we partner with other organizations, like HATS, Century Health, Univeristy of Findlay and Owens Community College to provide transportation, mental health services, education, caregiver support and more.

Impressive as these numbers may be, the most important measurement is the positive impact we are able to make in the lives of seniors.

Thank you for helping us make it all happen!